



ROCKHEIM MUSEUM GUIDE



Turn your phone for
best experience.

ABOUT ROCKHEIM

Rockheim is Norway`s national museum of popular music. Our goal is to collect, preserve, and present Norwegian popular music, from the 1950s up until today. The museum forms a basis for experiences and stories, providing insight into music, culture and our society.

Your visit should start in the big box on top of the building. This is the sixth floor, which houses the main exhibition. You can then proceed down, floor by floor. We want you to be active and explorative – don`t be afraid to try. Before you leave remember to visit the museum shop.

THE MAIN EXHIBITION

Our permanent exhibition is called *The Time Tunnel*, and works as a journey through modern Norwegian musical and cultural history. From the dawn of a new generation of teenagers in the 1950s, up until the expressions of recent youth culture. Artists, music and instruments are presented in context with the cultural history of the decades.

In these exhibits it is you who operate the playback of sounds, images and music videos – in this manner creating your own stories and experiences.



6TH FLOOR

THE MAIN EXHIBITION



PUSH



LISTEN



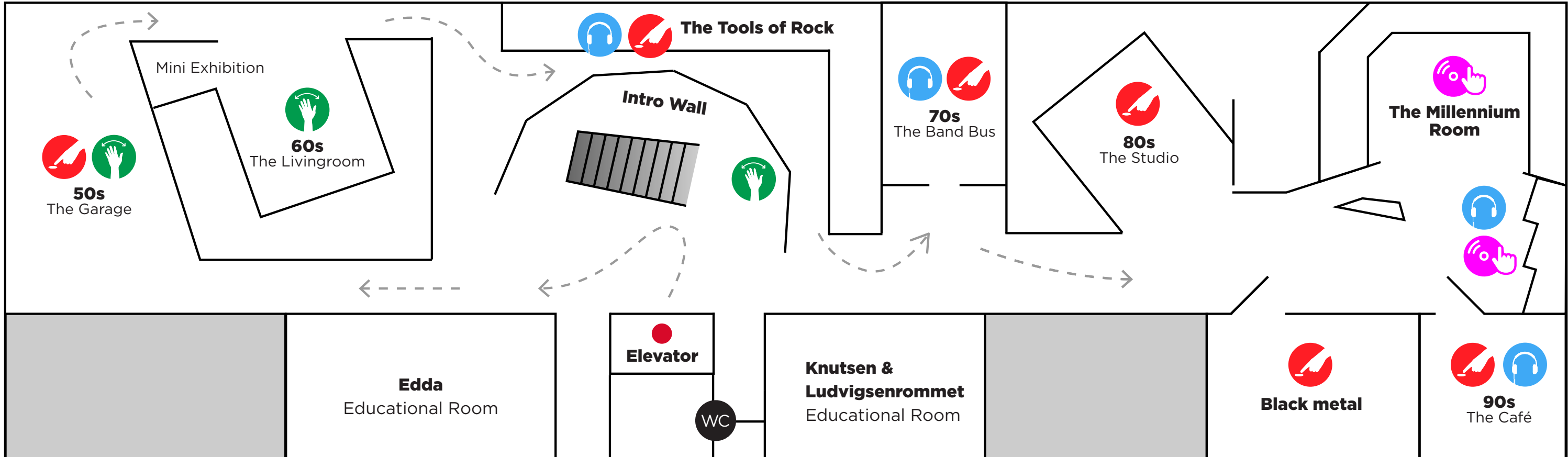
WAVE



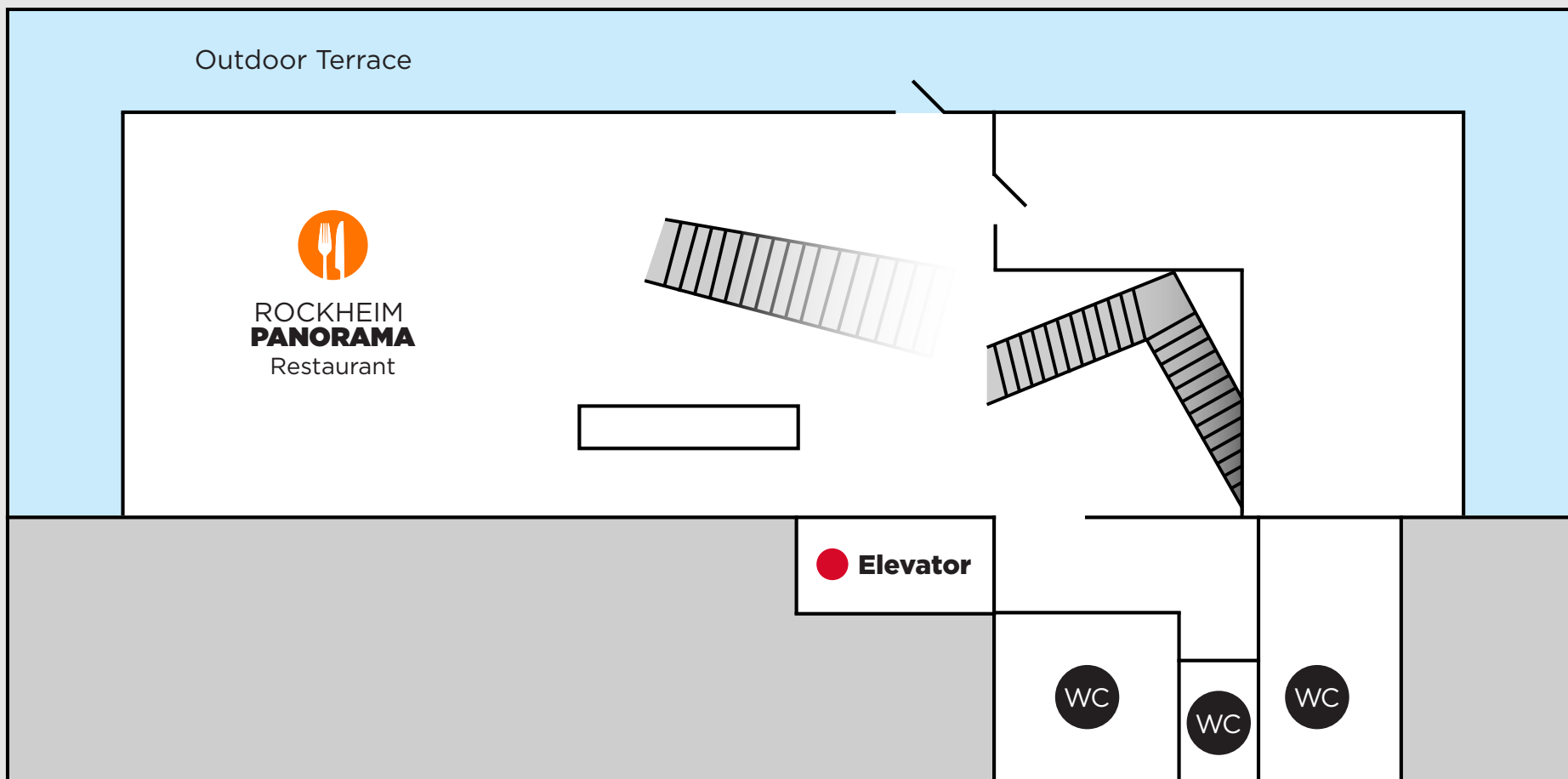
EAT



SPIN



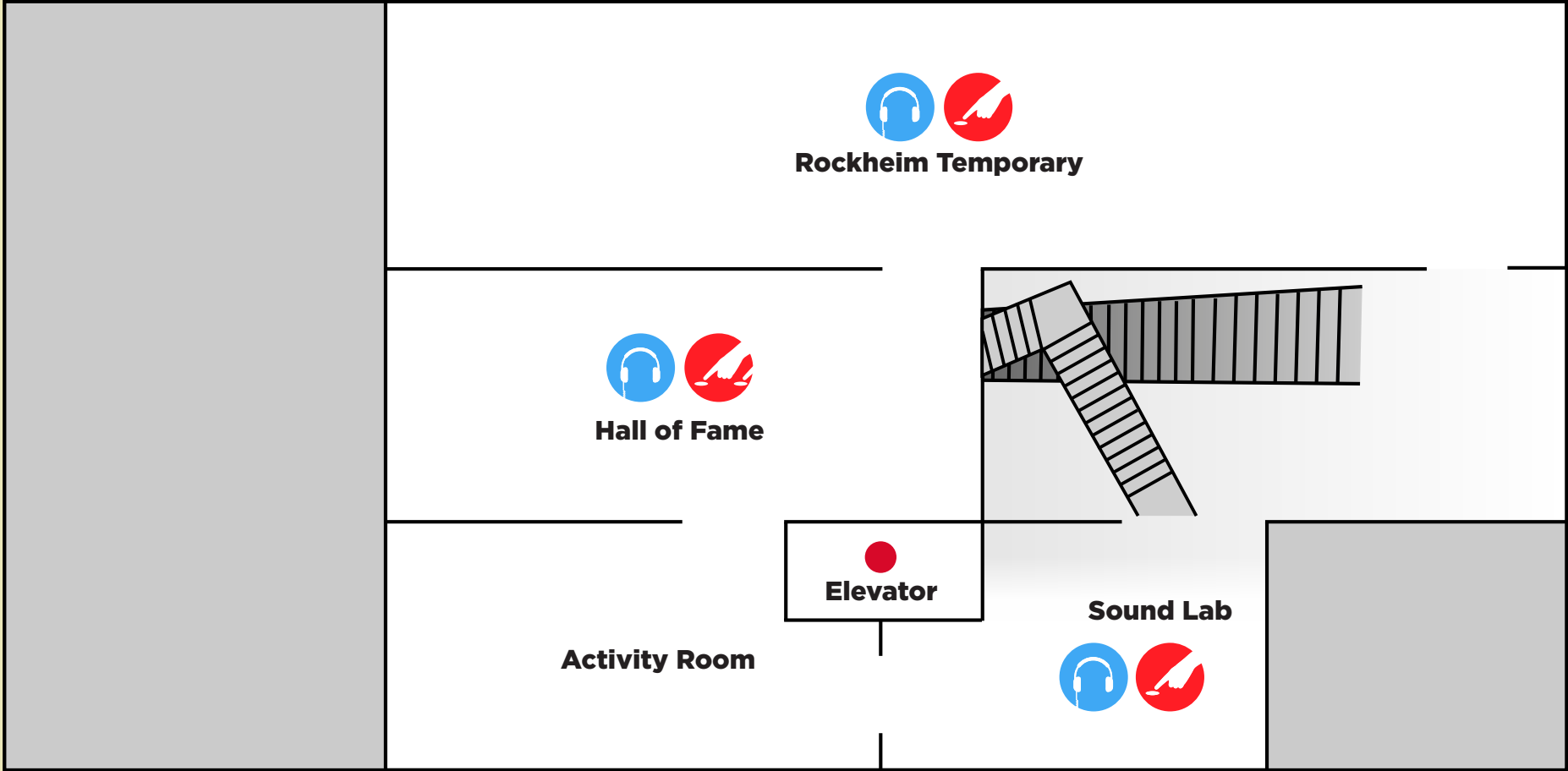
5TH FLOOR



ROCKHEIM **PANORAMA**

The restaurant is located on the 5th floor, with stunning views over the fjord and the city. Lunch and dinner, cake and coffee – everything you need for an extended museum visit. There is no admission charge to visit Rockheim Panorama. Bookings after the regular opening hours are also available.

4TH FLOOR



**ROCKHEIM
TEMPORÆR**

Topics of music history and contemporary culture – local, national and international – are explored in greater depth in this ever changing space. A new exhibit is presented once a year on average.

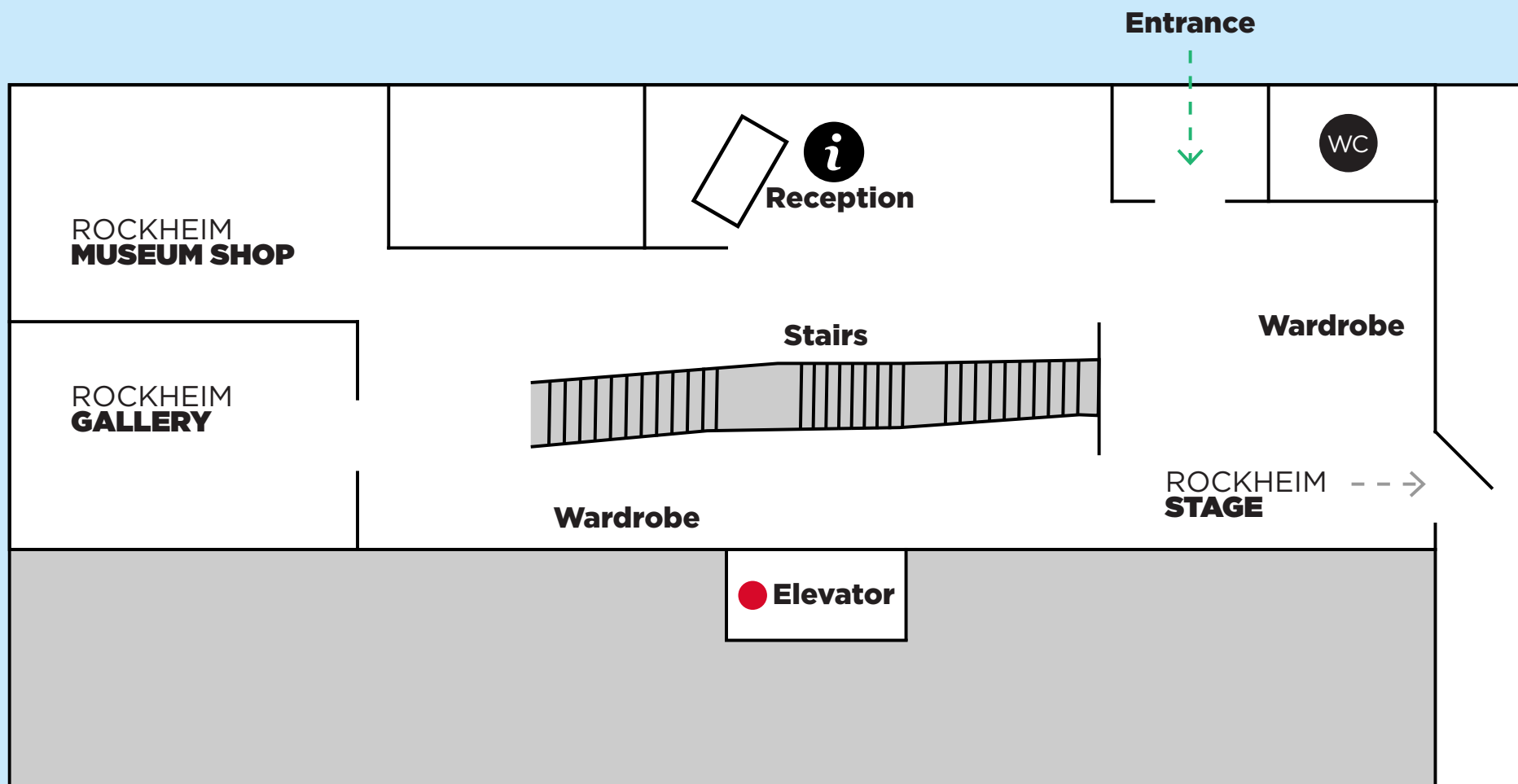
**ROCKHEIM
SOUND LAB**

This room lets you produce electronic music in a playful and intuitive manner, using specially built sequencers and machines. You can even bring your song back home!

**ROCKHEIM
HALL
OF
FAME**

Get to know the Hall of Fame inductees through exclusive content – videos, pictures, biographies and physical objects.

GROUND FLOOR



ROCKHEIM GALLERY

Extra attention is devoted to the visual expression of popular music in Rockheim Gallery. These temporary exhibits are frequent and varied, and present both in-house and external productions.

ROCKHEIM MUSEUM SHOP

In the museum shop you can find books, records, catalogues, cups, t-shirts, toys and Rockheim merchandise. Gift cards, both for Rockheim and other MiST museums are available. You can visit the shop without buying a ticket for the museum.