

# GUESTS HANDBOOK



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# WELCOME!

We hope you have a memorable stay here with us! The School House is an old factory school and part of the Knitting factory, Salhus Trikotasjefabrikk, that once operated here in Salhus. As part of Salhus' industrial history, this house contains a rich industrial heritage and is protected by the Norwegian Cultural Heritage Act.

The house is idyllically located in a neighbourhood with historic protected buildings and offers a beautiful view of the old knitting factory and the fjord just below. Swimming opportunities are just a few minutes' walk from the house, providing a perfect combination of history and nature experiences.

In the surrounding area, you will also find the Textile Industry Museum, Gallery Salhus, Kronen Café, and a local bakery.

# ABOUT THE RESIDENCE

## Contact Information

- Email: [cecilie.straagaard@muho.no](mailto:cecilie.straagaard@muho.no)
- Emergency contact: [inger.lena.gasemyr@muho.no](mailto:inger.lena.gasemyr@muho.no)

## Address

Salhusvegen 211, 5107 Salhus

## Directions:

### To Salhus from the Airport:

From Flesland, you can take tram number 1, which goes all the way to Bergen city center (Bystasjonen and Festplassen).

From Bergen city center (Festplassen):

You can take bus number 3 (Støbotn) or 4 (Flaktveit) from Festplassen to Åsane terminal.

From Bergen bus station:

Take bus number 300 (Knarvik) from Bergen bus station to Åsane terminal.

From Åsane terminal:

Transfer to bus number 35 to Salhus - Klauvaneset from platform D.

Get off at the Salhus Kai stop, from where it is about a 5-minute walk to the house.

### From Salhus:

The nearest stop from the house is Salhus Kai, about a 5-minute walk away. Buses run approximately every 30 minutes on weekdays and every hour on weekends and holidays to Åsane terminal. From Åsane terminal, it is easy to get around as buses run approximately every 5 minutes to the city centre (lines 3, 4, 300). Check Skyss.no for schedules.

- Walk/drive past the animal clinic and continue along the road.
- After a short while, you will come to a parking lot and some boathouses.
- Continue up towards the white building marked as the knitting factory.
- You are now approaching the Textile Industry Museum.
- When you have walked/driven up the small hill, the road will split. Take the right turn up the hill.
- At the top of the hill, take a left turn.
- Continue walking/driving past two houses on the right side.
- The School House will be the third house on the right side.



# ABOUT THE RESIDENCE

## Check-in and Check-out

Check-in is available around the clock with a key box. The key box is located by the basement door at the front of the house. The key box hangs on the left side. The code will be sent on email. There is only one key which must return to the box if you leave Salhus. Check-out is by 12:00 PM on the check-out day. Return the key to the same key box as at check-in.

## House Rules

- Quiet hours from 22:00 to 07:00
- No smoking allowed
- No pets allowed
- The building is protected by the Norwegian Cultural Heritage Act and must therefore be treated with care and respect.

## Emergency Procedures

- There is a sprinkler system installed and smoke detectors in most rooms.
- First aid kit: Located in the cupboard in the hallway
- For non-emergency medical help, the number to call is 116 117.



## EMERGENCY NUMBERS

**POLICE 112**

**FIRE 110**

**AMBULANCE 113**

# FACILITIES

## Wi-Fi

- Network name: NOKIA-FAF6
- Password: a9ab927557

## Heating and Cooling

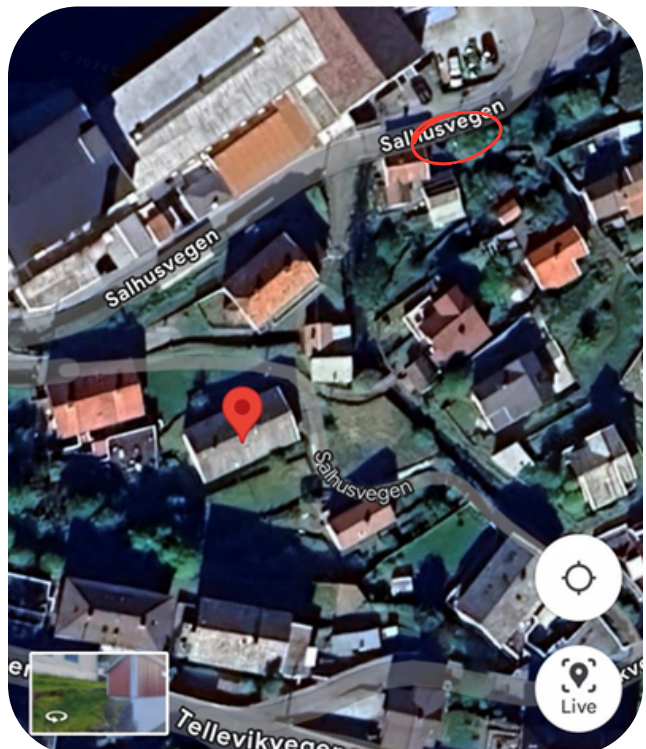
- The house has electric heaters.

## Kitchen

- It is important to remember to always use the fan when cooking, otherwise the fire alarm may easily trigger a false alarm.

## Trash

- The key for the garbage containers is hanging in the hallway and is marked "garbage". This key must be used to open the trash bin. The trash containers are located if you walk down from the School House to the road leading to the sea; they are placed along the road on the other side of a house marked with the year 1900. The area with trash containers is marked with a red circle on the map, the School House is marked with a red pin.



# FACILITIES

## Bathroom

- The shower is located in what we call the "Bryggerhuset/Brewhouse," an old charming small building with authentic details. It is located just below the School House to the left. The key hangs in the hallway just inside the door in the School House. It has a red keychain.
- Towels and toiletries can be found in the cupboard in the hallway.
- Use the door to the left in the picture marked with an arrow. 'Skolehuset' in the background to the right.



## Laundry

- It is not possible to do laundry in this apartment.

## Bedrooms

- There is one main bedroom with a double bed and one bed room with a single bed.
- In the living room, there is a sofa bed that can be used if needed.



# LOCAL TIPS AND ATTRACTIONS

## My favourite café's

### Kronen Kafé

Our very own local café located just right down the hill at the museum!

### Det lille Kaffekompaniet

Nice cakes and cozy atmosfere.  
Nedre Fjellsmauet 2, 5018 Bergen

### Klee

Here you can get a very good matcha and also nice staff.  
Herman Foss' gate 12, 5007 Bergen



Kilde: Tripadvisor

### Vågal kaffe og vin

Here they also have wines and drinks, it's a hybrid between a café and a pub. Really cozy.  
Kong Oscars gate 10, 5017 Bergen

### Bergen Kaffebrenneri

This local café produces their own coffee, and sometimes you can even smell when they are roasting their own beans.  
Kong Christian Fredriks plass 6, 5006 Bergen

### Nobel Bopel

This is a cozy neighbourhood café and they also have some nice décor and such for sale a times.  
Welhavens gate 64, 5006 Bergen

# LOCAL TIPS AND ATTRACTIONS

## About Salhus

Salhus is a small village just outside of Bergen city center. Salhus was established as an industrial village when the Knitting Factory was founded in 1859. At that time, there was not much in Salhus except for one Inn, but when the Knitting Factory was established in 1859, it led to a population growth that helped create Salhus into a lively village where one had everything needed for leisure activities, church, bakery, and shops. The School House was established in 1878 and was part of this vibrant village.

The Textile Industry Museum is located right under the school house and is an important part of Norway's industrial heritage. The museum is dedicated to preserving and conveying the history of the Norwegian textile industry and is protected by the Norwegian Cultural Heritage Act.

Salhus Trikotasjefabrikk, founded in 1859, was one of Norway's oldest knitting factories. It played a central role in the local economy and community life and helped shape the development of the Norwegian textile industry.



# LOCAL TIPS AND ATTRACTIONS

## Hiking in Salhus

There are several hiking opportunities from Salhus, including a hike up to Milastemma, a dam previously used by the knitting factory. From here, you can, for example, continue to Tellevikafjellet.

More hiking opportunities can be found at [Ut.no](http://Ut.no) or [Dnt.no](http://Dnt.no).

## Local Gems

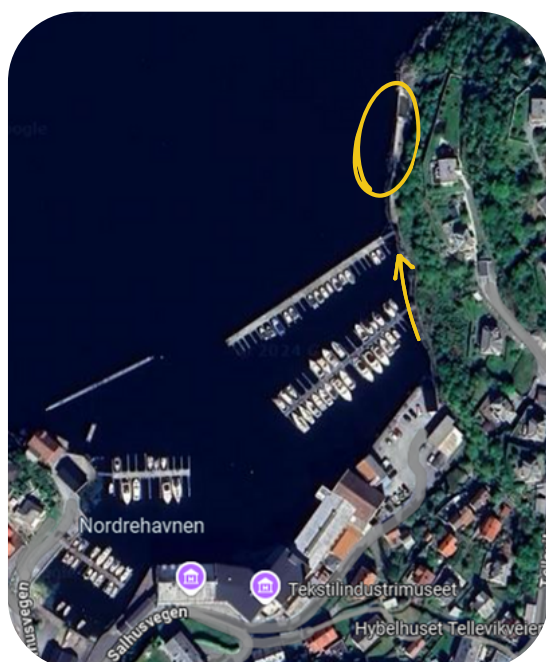
In close proximity to the house, you can find red currants, raspberries, and other delicious berries growing. Feel free to pick and use them if you wish!

## Rotholsneset Bathing place

There are two bathing places located right near the house. The first is Rotholsneset, a bathing facility in Salhus built by the factory in 1959. Here you will find a concrete pool and a diving board! Directions you can find under.

### Directions

- Go down the hill to the Textile Industry Museum and turn right. Continue along the road down to the parking lot. From here, you should walk through the parking lot and follow a small path that runs along the sea. At the end, you will find the bathing place marked with an arrow on the map.





# LOCAL TIPS AND ATTRACTIONS

## Storåkervika badeplass

The second bathing place is Storåkervika. Here there is a shell sand beach and otherwise rocky shores. At the place, you will find both tables, benches, and toilets. The location is just below Salhus church and cemetery, parking is also available. It is about a 10-15 minutes' walk from the house. Find directions and map under.

### Directions

Walk down to the Textile Industry Museum and then turn left. Follow the road and take to the left when you get to the dock. From here you take to the left and start walking up the hill past Salhus Bakery, keep the building on your left side. Continue up the road and turn right at the intersection just after the hair salon called Miss Pinky. Then walk down towards Salhus School and Salhus Church. At the very end of the hill, you will find the bathing place, marked with a circle on the map.



Kilde: Bergen Vann



# LOCAL TIPS AND ATTRACTIONS

## Local Facilities

### Textile Industry Museum

Open every Wednesday to Friday from 11:00 to 15:00 and Sundays from 12:00 to 17:00. In the café, you can get lunch as well as coffee and cakes. Otherwise, you can visit the museum to learn about textile industry and life in Salhus as an industrial worker from 1859 to 1989.

Address: Salhusvegen 201, 5107 Salhus

### Gallery Salhus

Located inside of the textile industry museum, here you can visit art exhibitions featuring various artist.

### Salhus bakery

Sells baked goods, bread, and other French goods.

Opening hours: Friday 12-17, Saturday 08:30-17, and Sunday 10-17:30

Address: Salhusvegen 175, 5107 Salhus

### Nearest Grocery Stores and Supermarkets

To visit the grocery store or shopping center, you can go to Åsane Storsenter or Horisont Senter. Take bus number 35 to Åsane Terminal to visit these locations. If you like to walk, there is a Grocery Store at Marikollen, 48 min. walk.

### Pharmacies and Medical Clinics

You will find pharmacies at Åsane Storsenter or Horisont Senter.

Åsane Emergency Clinic, located at Åsane Storsenter

Address: Åsane Senter 38, 5116 Ulset

- Weekdays: 16:00 - 22:00
- Weekends: 12:00 - 18:00

# LOCAL TIPS AND ATTRACTIONS

## Local attractions

### Hillsevåg

- Hillsevåg ullvarefabrikk is a factory that produces Norwegian yarn and carded wool for felting, with roots dating back to 1898. The shop and factory are located just a 20-minute drive from Salhus.
- Website: [ull.no](http://ull.no)

### Oleana

- Oleana is a Norwegian textile company that designs and produces knitted garments. You can visit their store to shop or take a tour of the factory.
- Website: <https://oleana.no/no>

### Osterøy Museum

- Osterøy museum located in Gjerstad and showcases old and newer houses, demonstrating the way of life in the villages north of Bergen. The museum has special expertise in textile and costume history, vertical looms, and local building traditions.
- Website: <https://muho.no/osteroymuseum>



Osterøy museum



# LOCAL TIPS AND ATTRACTIONS

## Local attractions

### Lynghesenteret

- Lynghesenteret is located at Lygra in Nordhordland and is a national and international knowledge centre dedicated to preserving the heathland landscape. This is done through active farming and the dissemination of traditions. You can walk on designated paths in a historic landscape. Website: <https://muho.no/lynghesenteret>

### Western Norway Emigration Center

- This is an open-air museum with buildings constructed by Norwegian Americans in the USA, which were then moved to Norway. Here you can visit the emigrant church, school, doctor's office, and more, while learning about the great Norwegian emigration to America, as well as migration and cultural encounters in our own time.
- Website: <https://muho.no/vestnorskutvandringssenter>

### Havrå

- Havrå is one of the best-preserved cluster farms in Norway. It has been inhabited and farmed since the Bronze Age. The farm was protected as a cultural heritage site in 1998.
- Website: <https://muho.no/havra>



Havrå

# PRACTICAL INFORMATION

## Transport

### Bus: Skyss

- The nearest stop from the house is Salhus Kai, which is about a 5-minute walk. From there, buses run approximately every 30 minutes on weekdays and every hour on weekends and holidays to Åsane Terminal. From Åsane Terminal, it is easy to get around, with buses running approximately every 5 minutes to the city center (lines 3, 4, 300).
- You can pay for the bus using the app (Skyss) or directly on the bus.
- Check <https://www.skyss.no/> or Google Maps for schedules.

### Taxi

- Phone number: 07000
- [Bergen Taxi](#) website

## Parking

- There is free parking at the museum parking lot next to the museum.

## Safety

- The house does not have an alarm.
- OBS! Candles are not allowed.
- The house has fire alarms.

## Kitchen

- **Important!** The fan must be used while cooking, otherwise the fire alarm will be triggered, and the fire department will be dispatched to the house.

# DEPARTURE

## Feedback

Feel free to provide feedback! You can do this by email to [cecilie.straagaard@muho.no](mailto:cecilie.straagaard@muho.no)

If you have any further questions, please contact me at the same email address.

## Departure

- Remove trash as explained and dispose of it in the outdoor container.
- Remove bed linen and pillowcases, place them in the laundry basket. There are clear bags ready to put the bed linen in.
- Empty the refrigerator; you may leave dry goods or items with a long shelf life such as coffee, spices, or oils.
- Do the dishes.
- Remember to turn off the lights.
- Return the key to the same key box as during check-in.
- Leave the house as you found it.
- Inform us if anything has been damaged, is not as it should be, or any other feedback you have about your stay, so we can fix it!

**Thank you for a wonderful stay, and we hope to see you again!**

