



THE OFFICIAL PROGRAMME OF THE 19TH NORDIC HARP MEETING

OCT 16-18 2026 • RINGVE MUSIC MUSEUM, TRONDHEIM



PLEASE NOTE: All times come with a 5-minute grace period at start and end. Subject to change!

ROOMS for each workshop will be allotted and marked at the start of each day.

And finally... please remember to tune your instruments **BEFORE** the workshop!

FRIDAY, OCTOBER 16

- 9.00-10.00 **Drop-in registration** and **official start of the 19th NHM!**
- 10.00-11.30 **Kari Steinsrud:** Langeleik for beginners
- 10.00-11.30 **Rauno Nieminen:** Bowed lyre (intermediate level)
- 11.30-13.00 **Chris Foster & Bára Grímsdóttir:** Icelandic folk music (all instruments)
- 11.30-13.00 **Kenneth Lien:** Jaw's harp technique
- 13.00-14.00 **Lunch** and **mini-concert/lecture**
- 14.00-15.30 **Ieva Nimane:** Tunes for the Latvian Kokle (all instruments welcome)
- 14.00-15.30 **Helena Wright:** Bowed lyre for beginners
- 15.30-16.00 **Afternoon coffee break**
- 16.00-17.30 **Katri Tikka:** Finnish music for the harp
- 16.00-17.30 **Erik Ask-Upmark:** Arranging and harmonizing folk tunes on the harp
- 17.30-18.30 **Dinner**
- 18.30-19.00 **Allspel**
- 19.00-21.00 **Concert** with the teachers
- 21.00-late **Session, allspel, dancing...**

SATURDAY, OCTOBER 17

- 10.00-11.30 **Eeva-Kaisa Kohonen** Finnish kantele tunes (all instruments welcome)
- 10.00-11.30 **Stina Hellberg Agback:** Swedish tunes, and improvising on the harp
- 11.30-13.00 **Vaclava van der Meijs:** Harp for beginners
- 11.30-13.00 **Marit Karlberg:** Langeleik and singing
- 13.00-14.00 **Lunch** and **mini-concert/lecture**
- 14.00-15.30 **Sverre Heimdal:** The Kravik lyre, its history and construction
- 14.00-15.30 **Ingrid Langaas Fossum:** Norwegian langeleik tunes (all instruments welcome)
- 15.30-16.00 **Afternoon coffee break**
- 16.00-17.30 **Stefan Battige:** Medieval music (all instruments welcome)
- 16.00-17.30 **Tone Hulbækmo:** Norwegian tunes and how to develop your personal harp style
- 18.00-19.00 **Allspel**
- 19.00-21.00 **Concert** with the teachers
- 21.00-late **Session, allspel, dancing...**

SUNDAY, OCTOBER 18

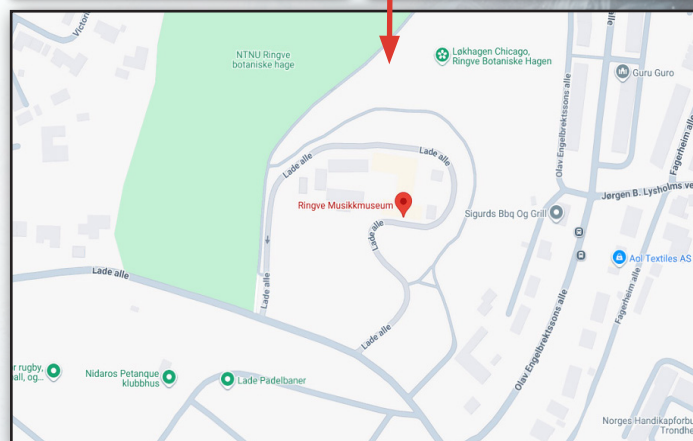
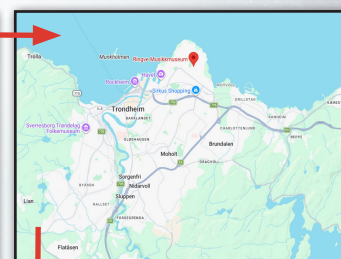
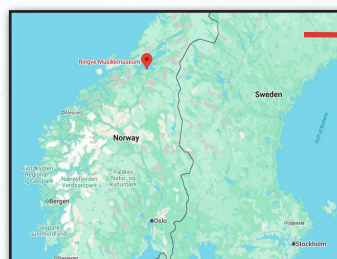
- 10.00-11.30 **Lassi Lógren:** Jouhikko/Bowed lyre tunes and technique
- 10.00-11.30 **Helka Ermala:** Finnish songs (for all instruments)
- 11.30-13.00 **Kate Fletcher and friends:** A Ballad Smorgasbord!
- 11.30-13.00 **Gjermund Kolltveit:** Making and playing the Jaw's harp
- 13.00-14.00 **Lunch, ending, goodbyes...**

PRACTICAL INFORMATION



NHM 2026 will take place at Norway's national museum for music and musical instruments, the Ringve Music Museum in Trondheim. Set within the historic 18th-century Ringve estate and surrounded by the Ringve Botanical Garden, it houses a global collection of over 2,000 instruments - including a current exhibition specifically about the harp!

More information at www.ringve.no



WWW.NORDIC-HARP-MEETING.EU

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