



# THE OFFICIAL PROGRAMME OF THE 19<sup>TH</sup> NORDIC HARP MEETING

OCT 16-18 2026 • RINGVE MUSIC MUSEUM, TRONDHEIM



**PLEASE NOTE:** All times come with a 5-minute grace period at start and end. Subject to change!

**ROOMS** for each workshop will be allotted and marked at the start of each day.

And finally... please remember to tune your instruments **BEFORE** the workshop!

## FRIDAY, OCTOBER 16

- 09.00-10.00 **Registration and start of the 19th NHM!**  
10.00-16.00 **Instrument exposition**  
10.00-11.30 **Kari Steinsrud:** Langeleik for beginners  
10.00-11.30 **Helka Ermala:** Finnish songs (for all instruments)  
11.30-13.00 **Chris Foster & Bára Grímsdóttir:** Icelandic folk music (for all instruments)  
11.30-13.00 **Erik Ask-Upmark:** Arranging and harmonizing Swedish tunes for the harp  
13.00-14.00 **Lunch and mini-concert/lecture**  
14.00-15.30 **Ieva Nīmane:** Tunes for the Latvian Kokle (all instruments welcome)  
14.00-15.30 **Helena Wright:** Bowed lyre for beginners  
15.30-16.00 **Afternoon coffee break**  
16.00-17.30 **Tim Rohmann:** Arranging Nordic faerie-themed music for the harp  
16.00-17.30 **Bjørn Aksdal:** **Lecture** about **Norwegian traditional musical instruments**  
*Friday night the NHM moves to DIGS at Krabugata 2, Trondheim!*  
18.00-19.00 **Dinner**  
19.00-21.00 **Concert** and open stage  
21.00-late **Session, allspel, dancing...**

## SATURDAY, OCTOBER 17

- 09.00-10.00 **Kenneth Lien:** The jaw's harp in Norway, its history and technique  
10.00-16.00 **Instrument exposition**  
10.00-11.30 **Eeva-Kaisa Kohonen:** Finnish kantele tunes (all instruments welcome)  
10.00-11.30 **Vaclava van der Meijs:** Harp for beginners  
11.30-13.00 **Stina Hellberg Agback:** Swedish tunes and improvising on the harp  
11.30-13.00 **Marit Karlberg:** Langeleik and singing  
13.00-14.00 **Lunch and mini-concert/lecture**  
14.00-15.30 **Sverre Heimdal:** The Kravik lyre – its history and construction  
14.00-15.30 **Ingrid Lingaas Fossum:** Norwegian langeleik tunes (all instruments welcome)  
15.30-16.00 **Afternoon coffee break**  
16.00-17.30 **Stefan Battige:** Medieval music (all instruments welcome)  
16.00-17.30 **Tone Hulbækmo:** Norwegian tunes and how to develop your personal style  
18.00-19.00 **Allspel**  
19.00-21.00 **Concert** (open for the public)  
21.00-late **Session, allspel, dancing...**

## SUNDAY, OCTOBER 18

- 09.00-10.00 **Lecture** with **Maria Ojantakanen & Erik Ask-Upmark:** The vikings and their music  
10.00-11.30 **Lassi Lögren:** Jouhikko/Bowed lyre tunes and technique  
10.00-11.30 **Katri Tikka:** Finnish dance tunes for the harp  
11.30-13.00 **Kate Fletcher and friends:** A Ballad Smorgasbord!  
13.00-14.00 **Lunch, ending, goodbyes...**

## PRACTICAL INFORMATION



**NHM 2026** will take place at Norway's national museum for music and musical instruments, the Ringve Music Museum in Trondheim. Set within the historic 18th-century Ringve estate and surrounded by the Ringve Botanical Garden, it houses a global collection of over 2,000 instruments - including a current exhibition specifically about the harp!

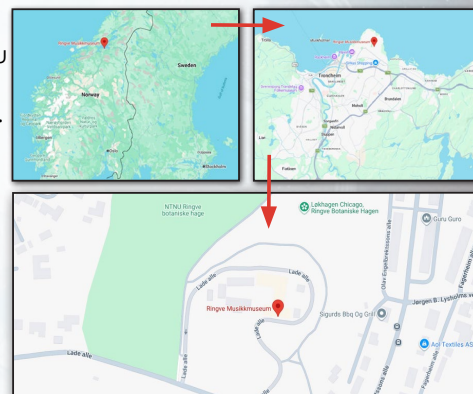
More information at [www.ringve.no](http://www.ringve.no). Welcome!

## INSTRUMENT MAKERS EXPOSITION

Both **Friday** and **Saturday**, between **10-16**, there will be an exposition in the museum where different instrument makers show and sell their instruments!

## HOW TO GET THERE

From **Trondheim Airport Værnes** you can go by local train, local bus (no. 70) or by Airport express bus to the centre of town. Local train and local bus are the cheapest options. Travel times can be found on [www.entur.no](http://www.entur.no).



To get to Ringve from the city centre take bus no. 20 to the stop **Ringve Museum** (walk through the park to get to the museum) or bus no. 2 to Ingemann Torps vei (5-10 min. walk along Lade Allé to get to Ringve). Both buses leave from Trondheim central station and several stops in the city centre: Nidarosdomen, Prinsens gate or Olav Tryggvasons gate / Søndre gate. See [www.atb.no](http://www.atb.no) for more information.

**WWW.NORDIC-HARP-MEETING.EU**  
**THANKS TO OUR PARTNERS AND SPONSORS:**

