THE OFFICIAL PROGRAMME OF THE 19TH

NORDIC HARP MEETING

OCT 16-18 2026 • RINGVE MUSIC MUSEUM, TRONDHEIM

PLEASE NOTE: All times come with a 5-minute grace period at start and end. Subject to change!
ROOMS for each workshop will be allotted and marked at the start of each day.
And finally... please remember to tune your instruments **BEFORE** the workshop!

FRIDAY, OCTOBER 16

09.00-10.00	**Registration** and **start of the 19th NHM!**
10.00-16.00	**Instrument exposition**
10.00-11.30	**Kari Steinsrud:** Langeleik for beginners
10.00-11.30	**Helka Ermala:** Finnish songs (all instruments welcome)
11.30-13.00	**Chris Foster & Bára Grímsdóttir:** Icelandic folk music (all instruments, and singing)
11.30-13.00	**Erik Ask-Upmark:** Arranging and harmonizing Swedish tunes for the harp
13.00-14.00	**Lunch**
14.00-15.30	**Laima Jansone:** Latvian tunes for the Kokle (all instruments welcome)
14.00-15.30	**Helena Wright:** Bowed lyre for beginners
15.30-16.00	**Afternoon coffee break**
16.00-17.30	**Tim Rohrmann**: Arranging Nordic Faerie music ("Huldreslåttar") for the harp
16.00-17.30	**Bjørn Aksdal: Lecture** about **Norwegian traditional musical instruments**
	Friday night the NHM moves to DIGS at Krambugata 2, Trondheim!
18.30-19.30	**Dinner**
19.30-21.30	**Concert** and open stage
21.30-late	**Session, allspel, dancing...**

SATURDAY, OCTOBER 17

09.00-10.00	**Kenneth Lien:** The jaw's harp in Norway, its history and technique
10.00-16.00	**Instrument exposition**
10.00-11.30	**Eeva-Kaisa Kohonen** Finnish kantele tunes (all instruments welcome)
10.00-11.30	**Vaclava van der Meijs:** Harp for beginners
11.30-13.00	**Stina Hellberg Agback**: Swedish tunes and improvising on the harp
11.30-13.00	**Marit Karlberg:** Langeleik and singing
13.00-14.00	**Lunch**
14.00-15.30	**Sverre Heimdal:** The Kravik lyre – its history and construction
14.00-15.30	**Ingrid Lingaas Fossum**: Norwegian langeleik tunes (all instruments welcome)
15.30-16.00	**Afternoon coffee break**
16.00-17.30	**Stefan Battige:** Medieval music (all instruments welcome)
16.00-17.30	**Tone Hulbækmo:** Norwegian tunes and how to develop your personal style
18.00-19.00	**Dinner**
19.00-21.00	**Concert** (open for the public)
21.00-late	**Session, allspel, dancing...**

SUNDAY, OCTOBER 18

09.00-10.00	**Lecture** with **Sverre Jensen** about reconstructing medieval musical instruments
10.00-11.30	**Lassi Lógren:** Jouhikko/Bowed lyre tunes and technique
10.00-11.30	**Katri Tikka**: Finnish dance tunes for the harp
11.30-13.00	**Kate Fletcher and friends:** A Ballad Smorgasbord!
13.00-14.00	**Lunch, ending, goodbyes...**

PRACTICAL INFORMATION

NHM 2026 will take place at Norway's national museum for music and musical instruments, the Ringve Music Museum in Trondheim. Set within the historic 18th-century Ringve estate and surrounded by the Ringve Botanical Garden, it houses a global collection of over 2,000 instruments - including a current exhibition specifically about the harp!

More information at **www.ringve.no.** Welcome!

INSTRUMENT MAKERS EXPOSITION

Both **Friday** and **Saturday**, between **10-16,** there will be an exposition in the museum where different instrument makers show and sell their instruments!

HOW TO GET THERE

From **Trondheim Airport Værnes** you can go by local train, local bus (no. 70) or by Airport express bus to the centre of town. Local train and local bus are the cheapest options. Travel times can be found on www.entur.no.

To get to Ringve from the city centre take bus no. 20 to the stop **Ringve Museum** (walk through the park to get to the museum) or bus no. 2 to Ingemann Torps vei (5–10 min. walk along Lade Allé to get to Ringve). Both buses leave from Trondheim central station and several stops in the city centre: Nidarosdomen, Prinsens gate or Olav Tryggvasons gate / Søndre gate. See www.atb.no for more information.

WWW.NORDIC-HARP-MEETING.EU

THANKS TO OUR PARTNERS AND SPONSORS:

Ringve Musikkmuseum | Rockheim – Det nasjonale museet for populærmusikk | Museene i Sør-Trøndelag | Norsk senter for folkemusikk og folkedans